



This edition includes updates

- worship
- music
- children
- community

Don't miss - - -

Fair Trade Fayre ~ Sat March 30, 12.30-3 pm

Month at a glance

Fri Apr 5, 7 - 9 pm. Young Adults Event

Sat Apr 6, 4.30 - 5.15 pm. Jazz & Reflection
Barry Livingston Band. Theme: *Renewal*

Sundays in Lent Apr 7, 14, 10.30 am.
Theme - *It takes practice - - - exploring sacred rituals*

Sun Apr 7, 2 - 4 pm Open House: Centre for Mindfulness Studies

Sat Apr 13, 10 am Knitting for Shivering Children

Sat Apr 13, 2.30 - 4.30 pm Soundwave Café

Sun Apr 14, 11.30 am "Lunch N Learn": reduce your carbon footprint

Thurs Apr 18, 7 pm. Maundy Thursday Service

Fri Apr 19, 10.30 am. Good Friday Service

Sun Apr 21, 10.30 am. Easter Sunday Communion Service

6.20 am Sunrise service on beach (Leuty Lifeguard station)

7.30 am Pot-luck Breakfast

Sat Apr 27, 8 - 12 pm. Clean and Sober Dance

Sun Apr 28, 10.30 am. Worship leader: Rev. Cynthia Stretton

Sun Apr 28, 11.30 am. Parking Lot Event

FOR MORE DETAILS READ ON!

Children & youth programs

Looking at Community & Generosity through Art-Making



7 - 9 pm Friday, April 5

Young Adults Event Fri Apr 5, 7-9 pm

Looking at community and generosity through aboriginal dot art. Session for young adults 21-35 yrs. Dinner will be provided. Contact: Dayna Browne youth@beachuc.com

Story time with 4/5 years, Sunday April 7, 10.30 am. Interactive story of the Palm Parade.

Easter Community Walk: Equity Sunday April 14, 10.30 am.

Program for 6-12 year olds, with the invitation extended to community & all ages. This walk in the Beach community will have 7 stops, revisiting the events of Jesus life & death. There will also be opportunities to commemorate & discuss the lives of important Equity Champions along the way.

Easter Sunday Activity, April 21, 10.30 am. Exploring the theme of generosity. Activity: Easter Egg painting, colouring and giving away our eggs to others.

Contact Dayna Browne at youth@beachuc.com.

Worship Matters

It takes practice - - - exploring sacred rituals

April 7 Moving inwards: labyrinth experience
April 14 Palm/Passion Pilgrimage

Take Action on Climate Change for Lent

This Lenten season, let's each commit to actions to walk gently on the earth, to discover both appreciation and gratitude as we connect to God, our earth, our neighbours and ourselves. To reduce your carbon footprint, you can give up something up or commit to doing something different. For ideas go to -

<http://beachunitedchurch.com/2019/03/take-the-lenten-challenge/>

Easter Flowers in Memory & Celebration

As Easter approaches, we are offering an opportunity to donate spring flowers in memory of a loved one or to honour a special person. Marian Hilton or Pat Plue will be available to take your information before or after worship on April 7 & 14. Flowers will decorate our sanctuary on Easter Sunday April 21 at 10.30 am and then be delivered to friends who are unable to attend service.

Offers of assistance with delivery would be much appreciated!

40 Days of Lenten Action

WHAT ACTION WILL YOU TAKE TO REDUCE YOUR CARBON FOOTPRINT?

BEACHUNITEDCHURCH.COM





Holy Week

Thurs Apr 18, 7 pm. Maundy Thursday Service with harpist Kathryn Merriam; using the practice of *lectio divina*.

Fri Apr 19, 10:30 am. Good Friday Service
We have lived through many Friday's, but this is a day like no other, the day that all was ended.

Sun Apr 21, Easter Sunday

6.20 am Sunrise service at Leuty Lifeguard Station

7.30 am Pot-luck Breakfast

10.30 am Easter Sunday Communion Service

More Events



Knitting for Shivering Children

Saturday April 13 at 10 am.

Exciting news! Jeanene Luckhart from Canadian Food for Children will be at our April 13 meeting to tell us about her latest trip and show us photos of our contributions in action. She's wonderfully enthusiastic about her charity's mission and very supportive of our work

As always, come to knit and crochet, drink coffee and eat, chat, catch up and learn new patterns and techniques. All abilities welcome, including beginners. For more information contact Pat Davies at patriciadavies@rogers.com or 416-389-6611.



2:30 - 4:30 pm Sat. April 13

featuring contemporary folk
singer/songwriter/guitarist
CLAIRE COUPLAND



Freewill offering
Complimentary coffee/tea

140 Wineva Ave.



Soundwave Café

Sat Apr 13, 2.30-4.30 pm

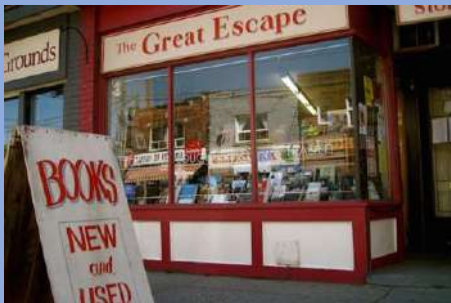
Featuring contemporary folk singer/songwriter Claire Coupland. Drop in for wonderful music and a cup of coffee in a relaxed atmosphere.

Lunch & Learn

Sunday, April 14 at 11:30 am.

Plan to be there to share your stories on actions that you have taken during Lent to reduce your carbon footprint. Also, what actions need to be taken on a systemic level, and how we might help to make that happen.





Beach Crafts

Thursdays 9.30 - 11.30 am.

An OPPORTUNITY for you.

Beach Crafts is seeking 1-2 people to assist with the leadership of this vibrant group and is inviting more people to join.

- Want to learn how to make paper from scratch?
- Ever wondered how the beautiful "hasti notes" are made?
- Can you quilt and would like another person to work with?

There is also a wide variety of craft supplies, dried flowers and leaves available for use. If you want to connect with your creativity, this is the group for you! INTERESTED? Call Jean at 416-694-5969

Thank you

On Thursdays at the Inter-faith Lunch, as well as serving delicious food, there are also books available for the guests to enjoy. This would not be possible without the donations of books from "The Great Escape" book store on Kingston Road.

Thank you. Thank you. Thank you!

Garden Brigade

WAITING FOR SPRING

This month's "Flower of the Month" for the Beach United Church garden is still wishful thinking. The crocus in this picture will appear very soon (we hope!). The attached photo was taken in early April last year, and holds the promise of sun, spring, colour and warmth.

In addition to spring flowering crocus, there is a fall flowering version, *Crocus Sativus*, from which the spice saffron is obtained. The Greek town of Krokus, famous for its saffron production, has given us the English name for the plant.

Crocus is both the everyday name and the botanical name. It is a member of the iris family of perennials grown from corms, native from sea level to mountain meadows around the Mediterranean, the Middle East and across Central Asia to China.



Corms are a storage organ protecting resources against adverse weather, insects etc. Externally they are similar to bulbs, but when opened up, are uniform in texture rather than layered.

How to grow: In southern Ontario, they are a “plant and enjoy’ flower. Not only do they provide bright colour and, in some varieties a strong perfume that attracts bees, but also they naturalize, meaning that they spread and come back year after year—with minimum care—for an ever-larger display. They do require well drained soil - so they fit in well at Beach United where we do no watering.

As we have more and more of them - what to call them? The dictionary allows both plurals - crocuses and croci.
Submitted by Hastings Withers & Church Garden Team

Partnerships

Open House: *Mindfulness in the Beaches*

Sunday April 7, 2 - 4 pm

Beach United Church welcomes the Centre for Mindfulness Studies to East Toronto!

Join us for an afternoon of mindfulness.

Learn about current Centre for Mindfulness Studies’ programs at Beach United Church.

Explore and engage in a conversation as we consider how we might expand our offerings in East Toronto.

- 2:00pm Meet and greet
- 2:30pm Overview and sharing
- 3:00pm Mindfulness meditations
- 3:30pm Community conversations

All are welcome! Snacks and refreshments will be provided.



Community Event

Clean and Sober Dance

Saturday, April 27, 8pm to midnight

Beach United Church

60s 70s 80s music & fun. All ages are welcomed.

Contact: Athena Niggenaber at 416-399-0788 for details.