Heartbeat Newsletter ~ June Edition 2019

www.beachunitedchurch.com





This edition includes:

- Updates by the Knitting for Shivering Children Group
- An update on Spring Fling
- Events

Month at a Glance

Sunday, June 2, 10:30 am - 11:30 am	Wild Imagination! Exploring all Living Beings
Worship "Seeds of Compassion"	Celebrate Communion
Friday, June 7, 12 - 4 pm	Walk for Fred Victor
Sunday, June 9, 10.30-1130 am	Pentecost Sunday
Friday, June 14, 2:30 - 7:30 pm	Mobile Donor Centre
Sunday, June 16, 9:30 am -1:30 pm (outside)	Seedling Sale & Garden Tour
Sunday, July 7 and 21, 10:30 am - 12:00 pm	BUC Family Beach Days

catch the **v**

FOR MORE DETAILS READ ON!

Mindfulness Meditation Drop in – A Collaboration between the Centre for Mindfulness Studies and Beach United Church

Sundays, June 9, July 14, and August 11

8:00 am- 9:00 am - Session 9:00 am - 9:30 am - Breakfast

The Road to a Green New Deal

Together we can save the planet for our children

Monday, June 10, 7:00 pm at the Beach United Church, 140 Wineva Avenue.







Children & Youth Programs

Wild Imagination! Exploring all Living Beings! Children (6 – 12 years old)

In June we are exploring "Nature" making birdfeeders, animals & taking care of living things!

Activities: Hands-on games, crafts, and visual arts through drawing, colour and photography. We will explore our connection and grow appreciation for the world around us!

Beginning Sunday, June 2 Time: 10.30 a.m. to 11.30 a.m.

Special Sunday Lemonade Making! June 16, 10.30 a.m. to 11.30 a.m.

Activity – In support of our Garden Group & Father's Day we will be making delicious Lemonade!

Purchase a cup in support of BUC services & programs!

Save the date! BUC Family Beach Days July 7th & 21 (Kite Flying, Sand Sculptures & More)!

Time: 10.30 a.m. – 12:00 p.m. (In replacement of July events @ Kew Beach)

Young Adults (21-35 + friends & family) August Anthem: Outdoor Global Rhythms

Features Drum Workshop by Samba Squad & Group Singing Activities.

August 24 - Special Night open to Young Adults 21 – 35 & older friends/family.

MC hosted music activities, performers, open mic, drumming & pizza provided by Mamma's Pizza (Queen & Wineva.)

Stayed tuned for time & registration details! Check out Samba Squad: http://sambasquad.com/.

It's a revelation!



A six week worship series exploring the book of Revelation: beginning Sunday June 16, 10.30 am





Worship Matters

Upcoming Sundays at 10.30 am

June 2	Celebrate Communion: all are welcome to the table of
compassion	

June 9

Spirit of Compassion: Pentecost Sunday

It's a revelation!

A six week worship series exploring the book of Revelation: beginning on Sunday June 16, 10.30 am.

"You Christians look after a document containing enough dynamite to blow all civilisation to pieces, turn the world upside down and bring peace to this battle torn planet. But you treat it as though it is nothing more than a piece of literature" Mahatma Gandhi

Knitting for Shivering Children

The "Knitting for Shivering Children" group, based at Beach United Church, knits vests, sweaters, blankets, hats and toys for children living in impoverished countries that get cold at night. The knitting offers comfort and protection against respiratory diseases that spread in these conditions. All the creations are donated to the charity, Canadian Food for Children, which ships to 22 countries around the world.

On Sunday, May 12 the knitting and crocheting was displayed in all its glory to be blessed and admired. In June, it will be loaded into cars and taken to Mississauga, where the depot for Canadian Food for Children is located.

This year the totals were: 727 sweater/vests, 173 hats, 223 blankets, 172 toys. The grand total was an amazing 1,295 items, made with love by volunteers for children around the world.

Contact Coordinator, Pat Davies at patriciadavies@rogers.com.



Beach United Church Seedling Sale & Garden Tour



Sunday June 16th 9:30 am





Spring Fling-An Update

The first Spring Fling Variety Show was held on May 10th by the Beach United Church choir and talented congregation members. It was an evening of jokes, skits, songs, and laughter, with an amazing time had by all. Refreshments and baked goods, prepared by members of the congregation were available throughout the show, with many attendees catching up with friends, or meeting new people in the Beaches community. The event was also a very successful fundraiser for the church — thank you to everyone for their generosity. We can't wait to come up with another spring show next year — stay tuned!

Seeding Sale and Garden Tour

Check out our Plant Sale and Garden Tour on Sunday, June 16 from 9:30 am to 1:30 pm.

We will accept donations including:

- Potted Plants
- Gently used garden tools

• Garden pots and planters in good condition (black plastic, terra cotta)

Donation Drop-off Times

Sunday Services: Every Sunday until the event

During Garden Group Meets:

Saturday, June 8, 9:30 am to 11 pm. Tuesday, June11, 7 pm to 8 pm.

During Office Hours: Monday to Friday, 9 am to 1 pm.







Support Fred's Walk to Do Something about Homelessness

Fred Victor Centre has been working in the downtown core of Toronto for more than 125 years.

From its early years as a "soup kitchen for displaced persons" Fred Victor has grown to become a large social service charitable organization that fosters long-lasting and positive change in the lives of many homeless and low-income people living across Toronto.

Every day, Fred Victor serves more than 2,000 people using programs and services, located at 20 different locations across Toronto, including:

- Affordable housing
- Transitional housing
- Shelters and Emergency Respite Centres
- Access to nutritious food
- Job training and counselling
- Health information and community services
- Community mental health outreach, and
- Other specialized support programs.

While Fred Victor receives government funding for many of its programs, they continue to depend, to a significant extent, on the generous support of churches and community members.

On June 7, Beach United Church is contributing to the work of Fred Victor Centre through participation in Fred's Walk. Members of the BUC team will take a 7 kilometre guided tour of Fred Victor's downtown sites to see first-hand the work that Fred Victor does.

Support our team and support Fred Victor by making a financial contribution at <u>https://www.canadahelps.org/en/charities/fred-victor/p2p/freds-walk/team/team-buc/</u> or contact the Team Captain, Shari Baker, at shari.baker26@gmail.com.

Mobile Donor Centre

Donate blood: you have the power to save lives

Location: Beach United Church, 140 Wineva Ave. Time: Friday June 14, 2.30 - 7.30 pm.