



This edition includes:

- Month at a Glance
- Announcements
- Events

Month at a Glance

- Sunday, March 1, First Sunday of Lent, 10.30 am.
- Sunday, March 1, Annual Congregational Meeting, 11.30 am.
- Sunday, March 1, Celebrating the Music of Leonard Cohen with Mike & Jill Daley: 3:00 pm.
- Saturday, March 7, Jazz & Reflection, 4.30 pm.
- Saturday, March 7, *The Knitting Pilgrim*. Fundraiser for Community Centre 55: 8 pm.
- Sunday, March 8, Mindfulness Meditation Drop-in 8-9 am.
- Saturday, March 14, Knitting group, 10 am. to 12 pm.
- Sunday, March 15, Lent 3, Taizé worship, 10.30 am.
- Saturday, March 21, Organ Stops, 4.30 pm.
- Tuesday, March 31, Jam Nite, 7 pm.

Announcements: Take Action!

Starting in Lent, help reduce BUC's carbon footprint. The Environmental Action Group came up with some ideas to help us and the hope is that these will become ongoing practices.

At any ministry event we pledge to work towards the following:-

- Bring your own mug
- Use BUC crockery, glassware and metal cutlery and then wash. No single use plastic or disposable items.
- Reduce the amount of food waste
- Walk, bike, TTC to BUC
- Buy in bulk to reduce packaging e.g. cookies, cover with cloths not plastic wrap
- Reduce paper usage [photocopying]

Call for Donations

Our office computers are in desperate need of upgrading....one is turning 14 years old this spring. If you have a laptop or desktop computer you'd like to donate to the church office please contact David Lewis or Cate Duff at 416-691-8082.



Wrestling with Angels



As the institutional church dies, are we ready for resurrection?

Beach United Church
140 Wineva Ave
NW Corner Queen St. E.

Worship in Lent
March 1 - 29
Sunday 10:30 am

 beachunitedchurch.com 



Worship Matters: Wrestling with Angels

As the institutional church dies, are we ready for resurrection?
Sundays in Lent: March 1 - 29, 10.30 am

Resource: *Dying Church, Living God: a call to begin again* Chuck Meyer

Make a new church. That's the challenge Chuck Meyer lays down for readers. He writes that the institutional church we know so well is dying. In fact, it may already be dead. Its structure and theology make no sense today, and haven't for decades. It has ceased to be an adequate instrument for the Living God who refuses to be bound by it, to it, or in it.

Mark your calendars for The Knitting Pilgrim!

Kirk Dunn will be presenting his multidisciplinary one-man show, **The Knitting Pilgrim**, featuring the **Stitched Glass** tapestries, at Beach United Church on Saturday, March 7, 2020 at 8 pm, in a show to benefit Community Centre 55.

For info or to buy tickets (\$20), please email vickytsorlinis@rogers.com, or call 416.751.9733.

More contacts: www.ergoartstheatre.com or www.kirkdunn.com.

Get involved with a BUC Green Event!

We are planning a plant sale/thrift sale on Saturday, June 27. It will engage the local community in environmental awareness through native plant gardening and second-hand shopping, and raise money for Beach United

Here's how you can help:

- 1) Donate! We're looking for donations of garden tools, household items and more. Items must be clean and in good condition. No large furnishings please! And please hold onto the items until June.
- 2) Volunteer! Watch for information in the coming weeks about the tasks that will need to be done.
- 3) Tell Your Friends! Mark your calendars for this event.

Thank you on behalf of the event organizers: Ted Atkinson, Lynne Barger, Leigh Bowser, Matt Canaran, Sally Evans, Brenda Rundle and Hastings Withers

Grief Support Group



Location: The Healing Collective, 2005 Danforth Ave.

Time: Sunday, March 1 - April 5, 2-4 pm.

Cost: \$320

Contact: hdelange11@gmail.com or
caitlinbeukematherapy@gmail.com

This group is for widows/widowers who have experienced the loss of their partner. It is a safe space that will honour and support your journey through grief. In this group, we will discuss the current culture of grief and how to navigate expectations you may feel of yourself or from others. We will break down myths of grief: what you feel you are “supposed to” do or feel, and help you to cultivate a sense peace with your unique experience.

We will support your story, and discuss coping strategies for living with loss; including how to handle people who just don't understand, and how to rally up those who DO. We will take a look at creative processes such as writing to help give a voice to your grief, to help you deepen your connection with what is lost and continue the bond.

This group is a space for all those yucky feelings, a place to connect with others, to foster companionship and hope. We look forward to meeting you.

Housing Crisis in Toronto: A Blog



Every Monday, November to April, Beach United Church provides a warm place to sleep for 25 homeless people, adding to the more than 7400 shelter beds in Toronto.

The City and non-profit housing organizations, like Fred Victor who we support, provide subsidized housing for people that can't afford market rents. The subsidized housing waiting list has 104,000 households; 3,000 are housed each year.

Rental housing is getting more expensive and many of our family and friends can't find decent affordable housing.

To read more, [check out this blog](#) by Paul Dowling!

Children and Youth



March for Kids: Activities 6 to 12 years

Date and time: Sundays in March from 10.30 - 11.30 am.

Location: Beach United Church. 140 Wineva Avenue, Toronto, Ontario, M4E 2T4 (Indoors, outdoors and kitchen space- activity permitting)

Themes: Joy & Peer Pressure; school, home and social spaces being our best selves.

How do we problem solve “sticky situations,” celebrate joy and grow in God’s love?

- Make S’mores as we discuss sticky situations and science
- Have some friendly competition indoors & have fun with team building relays
- Engage in joy, through laughter, brainstorming and thinking critically!



Knitting for Shivering Children

We knit and crochet sweaters, blankets, hats, and stuffed toys for impoverished children in hot countries that get cold at night. Last year we sent 1,500 items through Canadian Food for Children to 16 countries around the world. Feeling housebound in these bleak months?

Please join us on Saturday March 14 at 10 am. at Beach United Church for chatting, snacking, trading knitting and crocheting stories, and relief from the winter blahs.

All levels welcome, including beginners. Contact: Pat Davies at patriciadavies@rogers.com or 416-389-6611.



It Takes all Kinds



Join Beach United Choir!

Do you love to sing? Looking for a relaxed, friendly environment and community to share your love of music? Join the choir at Beach United Church! From traditional choral, to gospel, jazz, and world music — we do it all!

All voice types/experience levels welcome.
 Rehearsals: Thursdays 7:00-8:30 p.m.
 Email Steven Webb at music@beachuc.com

 140 Wineva Ave.

Beach United Church
 — Presents —

LEONARD COHEN



A Celebration of his Music

Sunday | March 1 | 3 pm

featuring
Dr. Mike Daley & Jill Daley

Dr. Mike Daley (guitar, voice) and his wife Jill (piano, violin, voice) present a special afternoon celebrating the music of Leonard Cohen. Mike and Jill perform classics like "Suzanne," "Bird On The Wire," "Dance Me To The End of Love," "Hallelujah" and more.

Beach United Church
140 Wineva Ave.

Advance tickets \$20 (church office/Eventbrite)
 Tickets at the door \$25 (cash only)

NW corner of Queen & Wineva. Green P parking available

 beachunitedchurch.com

Music at Beach United

Beach United's Choir

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time for rehearsals: Thursdays, 7:00 to 8:30 pm.

Do you love to sing? Looking for a relaxed, friendly environment and community share your love of music? Join the choir at Beach United Church! From traditional choral, to gospel, jazz, and world music — we do it all! All voice types and experience levels are welcome.

"Choir, is a great place to release a lot of positive spiritual energy; it's also time when I experience the joy and discipline of singing with others. I find the sound of music to be very healing. Choir is good for my soul."

Register on Eventbrite [here](#). For more information contact Steven Webb at music@beachuc.com

Leonard Cohen: A Celebration of His Music

Featuring Dr. Mike Daley and Jill Daley

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time: Sunday, March 1, 3 pm.

Tickets: (There are only 20 tickets remaining for this event!)

- Church office and Eventbrite: \$20

Mike and Jill will perform such classics as "Suzanne", "Birds on the wire", "Dance me to the end of love", "Hallelujah" and many more

Green P parking is available. Bring your own mug for coffee.



Jazz and Reflection: The Heather Bambrick Trio

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time: March 7, 4:30 pm.

Featuring Heather Bambrick on vocals, Stu Harrison on the piano and Ross MacIntyre on bass.

As one of Canada's top Jazz vocalists, Heather has collaborated with some of the best around, including Phil Nimmons, Fred Hirsch, Gene DiNovi, Guido Basso, Anne Hampton Callaway, Carol Welsman, Jackie Richardson, Ian Shaw, as well as the late Rob McConnell and Peter Appleyard.

She's a founding member of vocal ensembles The Beehive Singers and Broadway, and has appeared as a guest performer with numerous Jazz ensembles, as well as with the Toronto Symphony Orchestra, the Newfoundland Symphony Orchestra, the Hamilton Philharmonic, and the Windsor Symphony Orchestra.

***Donations are appreciated in support of this event**

Organ Stops

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time: March 21, 4:30 pm.

Featuring Sebastian Moreno. Sebastian was appointed Parish Organist of St Bartholomew's Anglican Church in 2014. He is a Colleague of the Royal College of Organist and sits on the Executive Board of RCCO Toronto. During his BFA at York University he studied with organist and composer Stephanie Martin and found a passion for Anglo-Catholic music and ancient liturgy.





Jam Nite

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time: March 31, 7: 00 pm.

Bring your voice, your instrument, a song to share and join us for a fun, relaxed jam session.

No skill level is needed. All you need is an enthusiasm to make music together.

All ages welcome!

Other Events

Mindfulness Drop-in Sundays

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time: Sundays, March 8 and April 19 at 4:30 pm.

Join us for a mindfulness meditation drop-in led by Christine McMulkin.

8:00 am – 9:00 am - Session
9:00 am – 9:30 am - Breakfast

No registration required.

***Donations are appreciated in support of this event**

Drive Green: Why You Should Drive an Electric Vehicle

Location: Beach United Church, 140 Wineva Avenue, Toronto, Ontario, M4E 2T4.

Date and time: April 19, 1: 00 pm.

A presentation on electric vehicles and reasons why one should drive an EV.

*No registration required. Refreshments will be provided

