

## Knitting for Shivering Children, Beach United Church Pattern corrected Feb 2025

### Instructions for short-sleeved sweater

Canadian Food for Children requests that we start adding sleeves to our vests for added warmth. The patterns for both a small sweater and a (large) are below, and the sleeves can be made longer (up to you).

Use dark shades of yarn mixed with other colours for stripes if you wish (or as your creativity takes you). Use #8 or #9 Canadian size knitting needles (3.75 mm to 4.25 mm) or adjust to whatever yarn you have.

### Small and (Large) size

Cast on 48(60) stitches

Ribbing : Knit 1, purl 1 for 10(12) rows

Knit plain ( stockinette stitch) or garter stitch(knit every row) until work measures 6 to7 (7 to 8 inches) from beginning

Now switch to or continue in garter stitch --- to prevent 'rolling' of the sleeves edges.

Increase 1 stitch at each end of the next 6 rows to make a total of 60 (72) stitches

Add 4(6) stitches at the end of the next 2 rows to make a total of 68(84) stitches

Continue in garter stitch for 3 (3.5) inches)

Knit next 5(6) rows in ribbing knit 1, purl 1

Next row, knit 20(26), cast OFF 28(32), knit 20(26)

Next row, knit 20(26), cast ON 28(32), knit 20(26)

This makes the neck opening

CONTINUE SAME AS FRONT,

Knit next 5(6) rows in ribbing, knit 1 purl 1

Continue in garter stitch for 3 (3.5) inches

Cast off 4(6) stitches at the start of the next 2 rows to make a total of 60(72) stitches

Cast off 1 stitch at each end of the next 6 rows to make a total of 48 (60) stitches

Continue in plain or garter stitch to match front to ribbing.

Ribbing: Knit 1, purl 1 for 10(12) rows

Cast off. Sew up side seams.

### BABY CAP

Cast on 70 sts. K1,P1 for 1 and ½ inches. Continue in plain knitting 4 and ½ inches.

Next row: \*K8, K2 tog. , repeat from \* to end of row.

2<sup>nd</sup> row and alternate rows: Purl ( or knit depending on the desired effect)

3<sup>rd</sup> row: \*K7,K2 tog. Repeat from \* to end of row.

Continue decreasing in this manner until K1,K2 tog.

Last row, K2 tog. around remaining sts.Thread end through remaining sts. Draw up and fasten securely. Cap will be 6" total – the 1 inch band will fold up.